



2022 Wellness Policy Report **GREAT VALLEY ACADEMY**



Our Wellness Goals

We met these goals:

- ✓ School community involvement in physical activities. Both campuses hosted jog-a-thons in the Spring of 2022.
- ✓ All students are meeting or exceeding the required physical education minutes.
- ✓ GVA is participating in the Universal school meals program that provides both breakfast and lunch to all students who request them.
- ✓ GVA has contributed a significant amount in ongoing mental health services for both staff and students post-COVID.

We are still working on these:

- ✗ We continue to try to grow participation in the Universal meal program.
- ✗ We want to continue to add community fitness activities in the post-COVID environment.
- ✗ We continue to increase conversation in the classroom regarding health and wellness.

